

COUNSELING MAY HELP YOU SORT OUT
WHAT'S HAPPENING IN YOUR LIFE AND
FIGURE OUT A NEW DIRECTION.



**Are you feeling sad, uneasy, anxious
or great fatigue?**

At times, we do not feel like ourselves. Are these feelings that won't go away? A counselor may assist you to develop personal solutions.

**Have you had a change, good or bad,
in your life?**

Major life events such as divorce, adoption or moving to a new community can affect us more than we think. Counseling can help you adjust more confidently to these transitions.

**Have you experienced a traumatic
event?**

Mental Health Services can help you sort through causes, triggers and discover self-defeating patterns.

**Is your family experiencing stress and/
or strain?**

Stress and strain can come from everyday experiences and may affect the entire family.

FOR MORE INFORMATION,
CALL 316-686-6671 x7217
OR VISIT KCSL.ORG.

OUR MISSION



**To protect and promote the
well-being of children.**

The Kansas Children's Service League is a statewide not-for-profit agency providing a continuum of programs and services, advocating for children and collaborating with other public and private agencies for increased effectiveness, efficiency and quality. Founded in 1893, our programs touch more than 40,000 children and families each year.



Kansas Children's Service League

**1365 N Custer
Wichita, KS 67203**

877-530-5275 • kcsl.org



Kansas Children's Service League is the Kansas chapter of Prevent Child Abuse America and Circle of Parents, a Kansas multi-site system of Healthy Families America® and a member of the United Way.



August 2020



**OUTPATIENT
MENTAL HEALTH
SERVICES**



Kansas Children's Service League

WHAT IS OUTPATIENT MENTAL HEALTH?



Kansas Children's Service League's (KCSL) mental health services provide strategies to children and families in order to help them build upon their strengths and cope with diverse problems that can occur in their lives. Our licensed and well-trained mental health staff can help you find life solutions by providing new and different ways to resolve problems through a variety of services. All services are offered in a caring, supportive and non-judgmental environment in the strictest of confidence. We provide a comprehensive evaluation of the child's needs to develop a personalized treatment plan.



OUR SERVICES



Infant, Child & Adolescent Therapy

- For children age 0-5, services focused on improved social & emotional development, parent-child bonding, attachment & challenging behaviors.
- Services for children & adolescents include assistance with:
 - building educational success
 - school attendance
 - gangs, peer pressure, bullying, body image, self-esteem, depression
 - sleeping & eating disorders
 - trauma-informed services
 - peer relationships
 - mood disorder
 - basic developmental stages

Family Therapy

- Designed for parents and children; focuses on emotional, relational & behavioral challenges.
 - relationship building
 - effective parenting
 - conflict within the family
 - traumatic experiences

WE OFFER...



- Highly credentialed clinical staff licensed by the Kansas Behavioral Sciences Regulatory Board.
- Several areas of expertise & specialized study
 - Play Therapy
 - Family Therapy
 - Individual Psychotherapy
 - Early Childhood (0-5) consultation & observation
 - Cognitive-Behavioral Therapy
 - Parent-Child Interaction Therapy

FEES & APPOINTMENTS

- Medicaid & HealthWave accepted
- Private insurance accepted
- Sliding fee scale available for uninsured

Convenient hours, Monday through Friday including some evening appointments.

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AN APPOINTMENT, PLEASE CALL
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